



Presents the

10K MULTI-TERRAIN MEMORIAL RUN

SUNDAY 14th September 2008
11.00am Start

All Proceeds in aid of **The PACE Centre, Aylesbury**

UKA Permit Applied For Run Under UKA Rules

VENUE: Tiddenfoot Leisure Centre

Drama Studio, Cedars School, Mentmore Road, Linslade,
Leighton Buzzard, Bedfordshire

Entry fee £8.00 attached £10.00 unattached
(payable to Leighton Fun Runners)

Memento to all finishers and prizes for 1st 2nd & 3rd Male & Female & 1st Vet Categories
(Only one prize per runner)

Closing date for postal entries Monday 8th September

Entries are taken on the day before 10.30am (£1 on top of entry fee)

Level 1 Medical Cover with St John Ambulance in attendance
Refreshments available after the race (included in entry fee)

***THIS YEAR WE WILL ALSO BE HOSTING A 1.5km FUN RUN FOR UNDER 15's ENTRY
COSTS £1 AND REGISTRATION WILL TAKE PLACE ON THE DAY***

Send entry to Helen Dunham, 13 White Hill Court, Broad Street, Chesham, Bucks, HP5 3DY Tel: 01494 772153

Please enclose a 9" x 6" SAE (Website: www.leightonfunrunners.org.uk)

SURNAME FIRST NAME

ADDRESS

POSTCODE HOME TEL

SEX AGE (on day)

CLUB Gift Aid if a UK tax payer (pls tick)

E-Mail Address

Declaration I am over 15 years of age on 14th September 2008, I accept that the organisers will not be held liable for any loss or injury resulting from this event, however caused.

Signature Date

FOR OFFICIAL USE

Club Information

What the Fun Runners Offers its Members

- A friendly atmosphere, company and advice (plenty of that!) for anyone interested in running.
- Companionship - there's no reason to run alone if you're a Fun Runner.
- Encouragement to run, but at your pace and without pressure to compete.
- Everything that goes with being a member of the Local Amateur Athletics Association and UK Athletics
- Most race organisers add an extra £1 to race entry fees for non-members!
- Organised "training" sessions - attendance optional.
- Organised events - running and social.
- Contacts with other clubs and organisations which are involved in athletics generally.

If you're interested in coming along

- Come to Squash Court No 4 at Tiddenfoot Leisure Centre at 7.15 on Tuesdays, no need to pay anything for the first few weeks, thereafter 50p per week to use facilities and annual subs of £9.00
- Go to the website (see entry form), you can Email us
- Call one of these contacts :

Martin Walker	– 01525 382 323
Bob Dunham	– 01525 370750